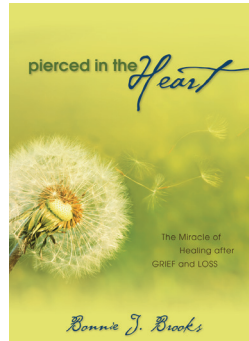




WORD ALIVE P R E S S

FOR IMMEDIATE RELEASE

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Award-Winning Book Launch to Coincide with MIAW

EDMONTON, AB—Coinciding with Mental Illness Awareness Week (October 5-11 2014), Word Alive Press is pleased to announce the launch of *Pierced in the Heart: The Miracle of Healing after Grief and Loss* by Bonnie J. Brooks, the recipient of the Word Alive Press 2013 Free Publishing Contest.

Brooks skillfully intersperses accounts of loss, abuse, mental health struggles, and heart-wrenching tragedy with healing wisdom that will inspire readers to reach out to God in the midst of grief.

The book begins when five-year-old Bonnie loses her mother to suicide. Her entire family's life is thrown into turmoil, the impact of which will linger for years to come. The loss of another family member, an abusive relationship and mental health issues plague Bonnie for years. However, in her journey through grief and loss, she uncovers seeds of hope that finally grow into the miracle of emotional and spiritual healing. As the book progresses, Bonnie learns more and more to let go, trust God, and lead a more positive, fulfilling life—and shows how her readers can, too.

The launch will take place on October 9, 2014 from 6-9pm, at The Fig Tree bookstore in Suite 1919, Phase I, West Edmonton Mall.

Pierced in the Heart is available for purchase online via Amazon, Chapters/Indigo, the Great Canadian Authors website (greatcanadianauthors.com) and barnesandnoble.ca; and wherever fine Christian books are sold.

Pierced in the Heart; 978-1-4866-0367-1, 5" x 7", 208 pp, \$15.99 CAD.

ABOUT THE AUTHOR

Bonnie J. Brooks knows the meaning of grief and loss in her personal life. Family suicides, domestic abuse, and physical and mental health issues have expanded her heart and mind to the suffering of others. She has supported hundreds of depressed and suicidal individuals.

Bonnie desires that her writing will touch readers with the deep love of God and bring them into a deeper relationship with the One who loves His children through it all.

Learn more at <http://www.bonniejbrooks.com/>



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"Bonnie Brooks's memoir is deeply moving. She brings you into a world of deep mental pain, self-destruction, tragedy, and then triumph. Anyone who has ever lost someone to suicide will feel the power in her work. Brooks demonstrates how the ripple effect of one single act impacts an entire family for decades."

—Dr. Sheri Kaye Hoff, Ph.D.,
Best-selling author of *Keys to Living Joyfully* and
Be the Inspiration: 7 Ways to Inspire Your World

"Tragedy, dysfunction, abuse, addiction, perseverance, victory, forgiveness, peace, and love. Bonnie Brooks takes us through these deep waters in her memoir, Pierced in the Heart. Bonnie, driven by a desire to help others, shares the painful journey of her life from tragedy to victory and love. A powerful read."

—Tom Blubaugh,
Literary Strategist, Author of *Night of the Cossack*

"This book will bring many readers to the realization that suffering is cured when we acknowledge our past, deal with it, and let go. Bonnie's journey has not only changed and transformed her life, it has saved it. Reading this book may well be the catalyst that saves others!"

—Bob Outhwaite,
Choices Seminars Facilitator (1996-2002)

"I am in awe of Bonnie Brooks' tenacious strength....I have watched countless people come to terms with loss and healing, [and] this book has still profoundly impacted my appreciation of the pain that many people suffer in silence. Pierced in the Heart is an encouragement to all who need to find hope and healing from the stories that often remain hidden deep in their memories."

—Bill Spangler,
Pastor, Life Coach, Choices Marketing Staff (2002–2012)

"Pierced in the Heart is much more than a book—it is a lived-out life. Bonnie's insights inspire me to live the life I only dream about and how it is possible, though broken and wounded, to dance a new dance by being still long enough to hear God whisper to my heart. So long as I practice this one thing, I will never be the same."

—Donna Kutzner,
Author of *Dancing on the Wings of the Wind* (forthcoming)

"Pierced in the Heart begins with unfathomable tragedy, but it emerges on the other side as a tale of blazing courage and a series of beautiful vignettes of the love of a Savior who longs for His children to be restored. As a woman who has suffered many years in silent shame hiding my bipolar disorder, I found Bonnie's book to be like applying a healing salve to years of misplaced feelings of guilt and regret. The raw, unfettered honesty with which she so bravely weaves her story maintains authenticity while directing our gaze heavenward to the Mighty Counsellor who binds our wounds and sets the captives free!"

—Kate Davis,
Blogger at dedicated2love.com